There is nowhere like Cape Town. Perched between the ocean and the mountain, with a national park as its heart, it’s a place to renew and reconnect.

Cape Town, the "Mother City", is the oldest city in our country and has a cultural heritage spanning more than 300 years. It also has the top five national attractions in South Africa that should appear on every visitor’s itinerary all year round.

Don’t miss a visit up Table Mountain; the V&A Waterfront, a unique shopping and holiday experience on a scenic working harbour; Robben Island, the former home of Nelson Mandela; the Cape Town Wine Routes, where some of the world’s best wines are produced and Kirstenbosch Botanical Gardens, internationally acclaimed as one of the great botanical gardens of the world.

The unique topography of the region makes it easy to orientate oneself as long as you remember that with Table Mountain behind you and Robben Island before you, you are facing north, looking across Table Bay and up the west coast of Africa.

You will never be bored in Cape Town. Table Mountain offers some of the best climbing in the world, and it’s right here in the city. The surfing is fantastic; the diving is cold but good. You could go mountain biking, or go sea kayaking - you may see whales or penguins. If the wind is right, you could fly off Lion’s Head with a qualified tandem paraglider pilot, and land on the beach in time for sundowners. You’ll never be bored.

You can shop till you drop at Cavendish, Canal Walk or the Waterfront. There is lots of live music, art exhibitions, museums, plays and even opera, ballet or symphony concerts on all year round.
DAY 1: Start off on your first day by orientating yourself with a trip around the Cape Peninsula. Follow the False Bay coastline via Kalk Bay, Fish Hoek and Simon’s Town. Stop off at the penguin colony at Boulder’s Beach and then continue to the Cape Peninsula National Park and Cape Point. Within the reserve you will see a wide range of indigenous fynbos as well as baboons, buck and Cape Mountain Zebra. Take a photo at the most south western tip of Africa and admire the views from the cliff tops at the old Lighthouse. Then back along the western shoreline, Chapman’s Peak Drive, Hout Bay, Llandudno and Camps Bay.

DAY 2: Take the cable car to the top of Table Mountain for a birds eye view of the city and the harbour as well as the Atlantic Seaboard beaches. Visit Greenmarket Square in the city centre for some African art, jewellery and clothing, then take a walk through Company Gardens and visit the South African Museum and / or National Gallery.

DAY 3: Visit the world renowned Kirstenbosch National Botanical Gardens and enjoy either a leisurely stroll or a more strenuous hike. The gardens are a showcase of South African flora with meandering pathways, small streams and spectacular views from the upper slopes. Then, go on an organised township tour and experience for yourself the vibrancy and spirit of the African people.

DAY 4: Take the ferry to Robben Island and visit the prison that was home to Nelson Mandela as well as many other political prisoners. The trip also includes a tour around the island with its spectacular views back towards Table Mountain. Then spend the afternoon at the V&A Waterfront with its shops, craft markets and many restaurants and café’s. You could also visit the Two Oceans Aquarium.

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ACCOMMODATION

FOUR ROSMEAD www.fourrosmead.com

Four Rosmead is an exclusive guesthouse situated on the slopes of Table Mountain in the select residential suburb of Oranjezicht. The guesthouse enjoys 360º views of the mountain, Lions Head, Signal Hill, Table Bay and the city. It is within walking distance of the city as well as vibrant Kloof Street, which is well known for its restaurant and café culture.

Built in 1903, Four Rosmead is a classified monument that has been sensitively and stylishly remodelled. The result is a Cape contemporary classic with a rich history. Four Rosmead has the characteristics that set a boutique hotel apart – location, authenticity, style and personal service. It is an ideal venue for the discerning traveler seeking something different to redefine their visit to Cape Town.
Interiors are chic, eclectic and contemporary, with a subtle yet distinctive African spirit, enhanced by original South African artwork.

Landscaped gardens, a pamper spa offering a variety of massage treatments and a patio overlooking a pool deck and herb garden all contribute to an urban sanctuary which allow guests to relax and unwind - an ideal venue for self indulgence and to use as a base to explore Cape Town and the surrounding area.

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**QUOTATION:**

Based on two (2) guests travelling: R 4 610.00 per person sharing accommodation

Single supplement cost: R 2 352.00 per person

Summary of tour and meal basis applicable:

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<th>Day</th>
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<tr>
<td>1</td>
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**INCLUDES**

- 04 nights accommodation on above meal basis
- air-conditioned rental car, group B, rental only for 5 days

**EXCLUDES**

- All other meals
- All flights, activities & all entrance fees
- additional driver surcharge, one way drop off charge, contract fee for rental car (will all be charged directly to the driver)
- petrol
- Laundry, telephone call, gratuities for hotel staff and all other items of a personal nature

Quote valid until 31 July 2012

Please note this is a quotation only and no bookings have been made as of yet. Bookings will only be confirmed on receipt of written confirmation and deposit. All prices are subject to increase and can only be confirmed at time of booking.